

## Faculty

### Joann Benjamin, PT, HPCS



Joann has been practicing Physical Therapy for more than 30 years, specializing in the use of Hippotherapy for children and adults. She has a background in neuro rehab, and currently specializes in pediatrics/early intervention, working in the Los Angeles area. She has taught about Hippotherapy internationally as a Faculty Coordinator with the American Hippotherapy Association (AHA, Inc). She is Board Certified as a Hippotherapy Clinical Specialist. She served on the board for the American Hippotherapy Association, Inc. and the American Hippotherapy Certification Board (AHCB). She serves on the Adaptive Sports Committee and the Para Equestrian Technical Committee with the USEF, and is a Classifier for the USEF and the FEI for competitive dressage and driving for equestrians with disabilities.



Healing Reins Therapeutic Riding Center  
60575 Billadeau Rd.  
Bend, OR 97702

Contact: Polly Cohen, Program Director  
Phone: (541) 382-9410  
Fax: (541) 382-2781  
Email: pollyc@healingreins.org

## Continuing Education

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless otherwise indicated. **The curriculum may be utilized only under conditions set forth by AHA, Inc.**

## About Healing Reins TRC

The course host, *Healing Reins Therapeutic Riding Center*, is located in beautiful Bend, Oregon. Our area provides some of the best horse country in the West with hundreds of miles of horseback trails, scenic horse camping in the Cascade Lakes area, and plentiful BLM land just steps from the center.

Healing Reins is the only PATH International Premier Accredited Therapeutic Riding Center east of the Cascades in Oregon, and provides an ideal spot for your workshop experience.

If you have any questions, please contact Polly Cohen, Program Director, at 541-382-9410 or e-mail pollyc@healingreins.org.

For more information, please visit [www.healingreins.org](http://www.healingreins.org).

## Directions/Hotel Information

Discount rooms are available at Comfort Inn & Suites in Bend, OR. Tel: 541-617-9696  
For more information about activities in Bend, please go to [visitbend.com](http://visitbend.com) or call *Visit Bend* at 877-245-8484.

Closest airport is in Redmond, Oregon; 25 minutes from Healing Reins. Airport code is RDM.



## Healing Reins Therapeutic Riding Center

Presents

**AHA Inc. Approved**

**Level I**

**Treatment Principles**

**June 25-28<sup>th</sup>, 2018**



**60575 Billadeau Rd.**

**Bend, OR 97702**

## Level I Treatment Principles

This 4 day course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLP) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse, groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement.

Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

## Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes breakfast and lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 200lbs. , you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

**Cancellation Policies:** AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$125 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

**Course prerequisite:** Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. AHA, Inc. staff will confirm with the host site that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/ State/ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*AHA, Inc. Member #/exp.: \_\_\_\_\_

New memberships are accepted. Join today at [www.americanhippotherapyassociation.org](http://www.americanhippotherapyassociation.org).

**Credentials as listed on course certificate:**

Non-therapists: *Please Circle one:* Riding Instructor / Horse handler /Administrator/ Other \_\_\_\_\_

Height \_\_\_\_\_

Weight \_\_\_\_\_

Special needs-mobility restrictions/diet/etc.

Registration is limited.

**Early registration on or before May 1<sup>st</sup>, 2018**

\_\_\_\_\_ \$800 for AHA, Inc. Member/\$875 for Non-AHA, Inc. Member

**After May 1<sup>st</sup>, 2018**

\_\_\_\_\_ \$850 for AHA, Inc. Member/\$925 for Non-AHA, Inc. Member

\_\_\_ Check - payable to Healing Reins Therapeutic Riding Center.

\_\_\_ Charge MC VISA AM EX

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Billing zip code \_\_\_\_\_